Resources for Transgender People, Those Questioning Their Gender Identities, and Their Families and Allies

TransKentucky-TransKentucky is a support, social, and resource group serving Lexington and the state of Kentucky as a whole. It is the mission of this group to provide a safe place for transgender individuals and people who feel they do not fit into the standard gender norms to express their true selves. www.transkentucky.com Contact officemanager@pcsoky.org to be added to TransKentucky's email list serv. (859)448-LGBT

Trans LEX- A social, activism, and resource group serving the greater Lexington area. For individuals of all gender identities, ages 16 and up. Facebook group for TransKentucky. translexington@gmail.com

FB: www.facebook.com/groups/803502783114842/?ref=share

Trans Parent Lex- Support/information/resources for parents of transgender children in Lexington, KY. Jeri Hahn: (859) 230-0409, Beth Scherfee: (859) 940-3862, Rev. Mark Davis: (859) 940-3849, Leigh Walton: (859) 489-3055

FB: https://www.facebook.com/groups/474570139416422/

Kentuckiana Transgender Support Group- A private, online support group for transgender individuals within the Louisville area.

FB: www.facebook.com/groups/2062551337346988/?ref=share

PFLAG of Central KY- Uniting people who are lesbian, gay, bisexual, transgender, and queer or questioning (LGBTQ) with families, friends, and allies, PFLAG is committed to advancing equality and full societal affirmation of LGBTQ people through its threefold mission of support, education, and advocacy. 859-338-4393, www.pflagcentralky.org

PFLAG National- www.pflag.org

PCSO's Gender and Sexuality Alliance (GSA)- GSA provides a space where straight, gay, lesbian, bi-sexual, transgender, gender fluid, non-binary, queer, questioning, and any other interested youth can socialize, laugh, plan activism, and support each other. In addition to regular meetings, GSA hosts annual events.

859-253-3233, https://www.facebook.com/lexingtonGSA

Louisville Youth Group- Louisville Youth Group Inc. creates a brave space for LGBTQIA+ Youth and Allies that promotes personal and community growth through relationship building, leadership development and social justice activism.

502-430-2016, www.louisvilleyouthgroup.org

Transform Health (UK HealthCare)- The Transform Health clinic is a partnership of UK HealthCare providers who have the shared goal of meeting many of the unique medical needs of lesbian, gay, bisexual, and transgender individuals in Kentucky. The clinic is committed to providing the highest quality care in inclusive environments. Clinic services include primary care, preventive care, PrEP, adult hormone therapy, counseling, and tobacco dependence treatment.

www.ukhealthcare.uky.edu/services/transform-health-services

Health Professionals Advancing LGBT Equality

www.glma.org

202-600-8037

info@glma.org

Q Chat Space - Q Chat Space provides online discussion groups for LGBTQ+ teens ages 12 to 19. It is not a forum. It is live and chat based: there is no video or audio. Everyone is chatting during the same pre-scheduled time. Conversation are facilitated by experienced staff who work at LGBTQ+ centers around the country. QChatSpace.org

Indiana Legal Services - The LGBT Project provides free legal advice, information, and representation to LGBT individuals throughout Indiana. Common cases the LGBT Project takes are:

- Name and Gender Marker Changes
- Insurance coverage of gender-affirming treatment and services
- Divorce and Protective Orders
- Bullying, education, and youth issues
- · Family recognition, including adoption and guardianship
- Expungement
- Discrimination

765-423-2703, <u>LGBTGROUP@ILSI.NET</u>

www.indianalegalservices.org/lgbtvap

Out and Equal Workplace Advocates – Out & Equal is the premier organization working exclusively on LGBTQ workplace equality. They are partnered with Fortune 1000 companies, government agencies, and organizations across industries and diverse missions to provide LGBTQ executive leadership development, comprehensive D&I training and consultation, and professional networking opportunities that build inclusive and welcoming work environments.

415-694-6500, info@outandequal.org www.outandequal.org

Gender Spectrum – Gender Spectrum works to create gender sensitive and inclusive environments for all children and teens

510-788-4412, info@genderspectrum.org

www.genderspectrum.org

WPATH (World Professional Association For Transgender Health) – The World Professional Association for Transgender Health (WPATH) is a non-profit, interdisciplinary professional and educational organization devoted to transgender health. Their professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender-nonconforming individuals internationally. They are funded primarily through the support their membership, donations, and grants sponsored by non-commercial sources.

wpath@wpath.org, www.wpath.org

Lambda Legal – Founded in 1973, Lambda Legal is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work. 312-663-4413, www.lambalegal.org

PFLAG (Parents, Friends & Family of LGBTQ+ People) - Founded in 1973 PFLAG is the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies. With over 400 chapters and 200,000 members and supporters crossing multiple generations of families in major urban centers, small cities, and rural areas across America, PFLAG is committed to creating a world where diversity is celebrated and all people are respected, valued, and affirmed.

202- 467-8180, <u>info@pflag.org</u> www.pflag.org

TREES, Inc. (Transgender Resource, Education & Enrichment Services) - TREES, Inc. is a mobile education nonprofit working to improve trans inclusion in communities through resource building and educational events. Much of TREES, Inc. work has been focused in small town and rural communities but are built for all municipalities. They are also available to businesses and organizations for consulting and staff development training. Although they are based in Northern Indiana, TREES, Inc. will be opening a business office and training center in Lexington later in 2020. You can find more information about the organization at www.webetrees.org