

### Transform Health Mental Health Provider List

Office	Provider	Address	Phone #	Insurance	Specialty	last updated
Center for Child and Family Counseling	Janet Vessels, LCSW	1315 W. Main Ste A 40508	859-554-6028	All insurances except Medicaid, Medicare, and Tricare	anxiety/panic in children <12, adolescent issues, gender questioning adolescents, play therapy, also sees adult patients	June 30 21
UK Counseling Center	Susan Matthews-Duvall, PhD	2220 Executive Dr Ste 103 40505	859-379-4928	Anthem BCBS, Humana, Cigna, TRICARE	specializing in children >14 and adults, LGBTQ Issues, HIV/AIDS	June 30 21
Marks Psychological & Consulting Services	Megan Marks, PhD	104 Mandrell Hall	859-257-8701	Full time UK students (couples therapy as long as one partner enrolled)	LGBTQ Concerns	June 30 21
New Life Counseling Services	Megan Marks, PhD	2220 Executive Dr Ste 103 40505	859-963-2796	Does not take insurance; limited sliding scale spots	LGBTQ Concerns	June 30 21
Sanders and Associates	Dominique Wilson, LPCC	522 Steele St Frankfort Ky, 40601	859-309-2384	Aetna, Anthem BCBS, Care Source	LGBTQ Concerns	June 30 21
Sanders and Associates	Monica Roberts	106 N. Broadway	859-266-6786	Medicaid only	Sees patients of every age-LGBTQ Friendly	June 30 21
Sanders and Associates	Meg Strong	106 N. Broadway	859-266-6786	Medicaid only	Sees patients of every age-LGBTQ Friendly	June 30 21
UK Healthcare	John Sanders	106 N. Broadway	859-266-6786	Medicaid only	Sees patients of every age-LGBTQ Friendly	June 30 21
UK Counseling Center	Martha Parks Johnson, MSW	1000 S. Limestone	859-257-1000	All insurances	Trauma-focused, CBT, DBT, family therapy	June 30 21
University Health Services	Diane Sobel, psychologist	104 Mandrell Hall	859-257-8701	Full time UK students (couples therapy as long as one partner enrolled)	Trauma therapy, LGBT sexual issues,	June 30 21
Counseling in Lexington	Matt Neltner, MD, Psychiatrist	830 S. Limestone Lexington ky 40536	859-257-1000	Students only	Behavioral and substance abuse	June 30 21
Clarity Counseling Services	Paul Dalton	501 Darby Creek Rd	859-338-0466	Does not take insurance but approved out of network provider; 2 sliding scale spots	gender questioning/transgender age 13+ otherwise adult only LGBTQ*, gender nonconformity and fluidity as well as alternative sexual expression (poly, fetish), and couples counseling.	June 30 21
Life Navigation Services	David Pascale Hague, Psychologist	2387 Professional Heights Dr. Suite 10 Lexington, KY 40503	859-429-1362	Now taking insurance - call for details; limited sliding scale spots	LGBTQ adults and adolescents (age 16+), also family therapy	June 30 21
	Tiffany Bryant, LPCC	1500 Leestown Rd #304	859-953-0119 tiffany@lifnavigation onservices.com	accepts most insurance, medicaid, sliding scale	Sees all ages, LGBT specialty, HIV/AIDS specialty	June 30 21